

Mineral analysis is also available from: Mineralabs, 59 Dunnings Road, East Grinstead, West Sussex RH 19 4AB

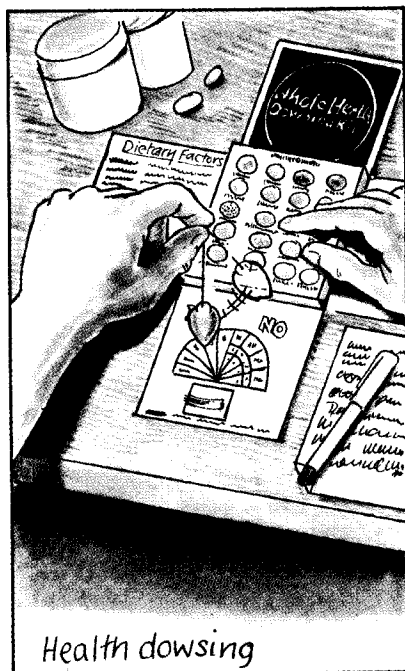
Health Dowsing

Most people have heard of water divining. The principle behind dowsing is just the same. Given certain conditions, a pendulum (a pear shaped object on a string) will swing one way indicating the need for a particular vitamin, or the way, indicating no need, without any conscious movement of the dowser.

Although this can be hard to believe it is an accurate and simple method of diagnosis that uses intuition rather than logical thinking to determine people's nutritional needs. The only requirement needed to dowse is an intuitive faculty, which we all have and use to a limited extent, usually without being aware of it. However, only by practising dowsing and following certain laws, can accuracy be obtained.

1. Always be relaxed and concentrate only on the question you are asking.
2. Be clear about the question you are asking.
3. Be unbiased about the answer (e.g. don't ask if you have cancer!).
4. Do not dowse about things you do not know about.

There are professional dowsers who analyse people's mineral



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